

SUGGESTED USE: Adults and children 4 years or older, as a dietary supplement, take one (1) capsule daily with water.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

CHOKING HAZARD—SMALL CAPSULES. NOT RECOMMENDED FOR CHILDREN UNDER 4 YEARS.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.

10184-v200



DR. MERCOLA®

LIPOSOMAL VITAMIN D₃

1,000 IU Per Capsule

Dietary Supplement

30 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%Daily Value
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU)	125%

OTHER INGREDIENTS: Sunflower Lecithin, Capsule (Hydroxypropyl Methylcellulose), Medium Chain Triglycerides, Sunflower Oil.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696