

**SUGGESTED USE:** Adults, as a dietary supplement, take one (1) chewable tablet daily.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

Formula # 202690-30 / 84093832  
10354-v100



# DR. MERCOLA®

## CHEWABLE VITAMIN B<sub>12</sub> METHYLCOBALAMIN



*Natural Cherry Flavor with Other Natural Flavors*

30 TABLETS

DIETARY  
SUPPLEMENT

## Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	2 g	<1%*
Total Sugars	0 g	**
Vitamin B <sub>12</sub> (as Methylcobalamin)	1,000 mcg	41667%
Organic Xylooligosaccharides (XOS)	1 g	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value (DV) not established.

**OTHER INGREDIENTS:** Tapioca Dextrose<sup>^</sup>, Gum Acacia<sup>^</sup>, Tapioca Maltodextrin<sup>^</sup>, Sunflower Lecithin<sup>^</sup>, Natural Cherry Flavor with Other Natural Flavors<sup>^</sup>, Guar Gum<sup>^</sup>.  
<sup>^</sup>Organic Ingredients

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

**CERTIFIED ORGANIC BY:** QCS

Providing quality products since 2001.